

InterAct Food Pantry Needs List

All food must be non-perishable and within “use by” date.

Baby Cereal

Baby Water (gallon jug)

Bottled water

Canned chicken with pop top lid

Canned foods with pop top lid

Canned fruit with pop top lid

Canned tuna or salmon with pop top lid

Canned vegetables with pop top lids

Cereals (low-sugar whole grain)

Chips

Coffee (instant)

Coffee Filters

Cookies

Crackers/Nabs

Dried fruits and nuts (individual)

Granola bars

Grits (instant)

Juice boxes

Ketchup

Mayonnaise

Microwave meals (non-frozen)

Microwave mac/cheese

Microwave instant mashed potatoes

Mustard

Oatmeal (instant)

Peanut butter

Pop Tarts

Ramen Noodles

Rice

Sugar

*Items in bold are urgent need

All donations are accepted at

Pass It On Thriftique – Raleigh

1012 Oberlin Road
Raleigh, NC 27605
919-865-1601

Monday-Friday: 10 am – 5 pm
Saturday: 10 am – 3 pm

Pass It On Thriftique – Fuquay-Varina

309 S. Main Street
Fuquay-Varina, NC 27526
919-557-8020

Tuesday-Friday: 10 am – 5 pm
Saturday: 10 am – 3 pm

Questions? Need additional information?
Contact donations@interactofwake.org or 919-863-9682.