

InterAct Client Needs List

InterAct gratefully accepts these NEW, UNOPENED and UNUSED items.

This comprehensive list represents the immediate and basic needs of the clients we serve. Our pantry provides these items to our clients, so they do not have to worry about ensuring their basic needs (food, clothing, hygiene products, cleaning supplies, etc.) are met while under our direct care.

Survivors of domestic/intimate partner violence can be from any gender identity or sexual orientation. Our focus is on ensuring inclusive representation of gender-based violence (GBV) survivors across diverse gender, racial, ethnic, religious, and sexual orientation spectrums.

Thank you for donating these in-kind items as an individual, a group, or through a food drive. We cannot support our clients without YOU.

All the items listed are needed. If you are unsure of how, or what to donate, please contact us at info@interactofwake.org.

Breakfast

Easy to make.

- Grits
- Oatmeal
- Whole grain cereals
- Pancake/waffle mix

Healthy Snacks

- Granola bars
- Raisins
- Individually packaged nuts/mixes
- Fruit pouches
- Packets of snack crackers

Proteins

Canned or shelf sustainable.

- Tuna fish
- Chicken
- Lentils
- Beans
- Nut butters (Peanut butter, almond butter, sun butter, etc.)

Whole Grain Pasta and Rice

Easy to heat meals.

- Macaroni-cheese
- Lentils
- Rice pilaf

- Noodles
- Pasta sauce
- Canned soups

Hygiene Products

Full sized products only.

- Body Wash
- Bar Soap
- Brushes & Combs
- Shampoo Conditioner
- African American Hair Care
- Deodorant
- Lotion
- Shaving Razors
- Shaving Cream
- Mouthwash
- Toothbrushes
- Toothpaste
- Dental Floss
- Tampons
- Sanitary Napkins

Household Items

- Tissues
- Ziploc Bags (all sizes)
- Trash Bags

- Aluminum Foil
- Plastic Wrap
- Kitchen and Bath Towels
- Washcloths
- Bedding Sheet Sets
- Mattress Covers
- First Aid Kits

- Various types and sizes of undergarments for all genders
- Socks

Urgent needs can be found on InterAct's Amazon wish list. Click [here](#) to view the list.

Gift Cards/Passes

- Tracfone
- Prepaid Minute Cards
- Drugstores
- Target/Walmart
- Gas Stations
- Grocery Stores
- Go Raleigh Bus Pass



Children's Items

- Baby Bottles
- Baby Lotion
- Baby Shampoo
- Baby Body Wash
- Baby Wipes
- Diapers Diaper
- Rash Cream
- Pull-Ups
- Gender-neutral underwear
- Gender-specific underwear
- Various types and sizes of undergarments for all genders
- Socks

Pass it On General Clothing Donations

If you have clothing donations, please make arrangements to drop off your donation in advance by emailing passiton@interactofwake.org for an appointment.

The Family Violence Prevention Center Inc., dba InterAct is recognized as a tax-exempt, 501 (c)(3) charity by the IRS (EIN: 58-1320613) and your contribution is deductible to the extent allowed by law.

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919.807.2214, or 1.888.830.4989. The license is not an endorsement by the State.

Miscellaneous Items

- Gender-neutral underwear
- Gender-specific underwear

InterAct's Necessities Pantry – Supplied by YOU!

